



## Patient Guide

Laser Meg Limited

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Registered Manager: Megan Stacey

## Our promise to you;

- to provide you with high quality Laser Tattoo Removal and Carbon Facial services at Laser Meg Limited, carried out by our fully trained and certified member of staff.
- to care of all of our clients, ensuring all Laser Tattoo Removal and Carbon Facial treatments are fully understood, and that you have a realistic expectation outcomes and side effects.
- to provide the best standard of pre-treatment, treatment and aftercare.
- providing you with the best treatment plan specific to your needs.
- to ensure regular, relevant and updated training is carried out by all staff practising Laser Tattoo Removal and Carbon Facials at the studio.

***Our main goal is to provide you with a high level of quality and service, ensure we are accountable for all of our actions and maintain the highest of professional and ethical standards during treatments.***

### What is Laser Tattoo Removal?

Laser Tattoo Removal is a simple and safe procedure that produces fantastic results.

The advanced technology works by allowing the light produced by the laser to pass through the skin and break up the tattoo ink into tiny particles. The body then disposes of these fragments through the bloodstream and safely out of the body.

Tattoos can either be removed completely or lightened enough to allow for a successful cover up.

Laser Tattoo Removal is potentially a long process depending on if you would like the tattoo completely removed or lightened enough for a successful cover up tattoo. Usually, 6+ sessions are required for full removal, although up to 10+ may be required in some cases. The variability depends on many factors, such as the size, colour, location and age of the tattoo. After each visit, your tattoo should become progressively lighter.

If I do not think my laser machine will remove the colours desired, I will refer you to a different clinic registered with the Healthcare Inspectorate Wales to proceed with treatment where a more

suitable laser machine will be used.

Laser Tattoo Removal must have 3-6 months between treatment sessions to ensure that treatment area has healed properly and fully. And you must have at least 6 months between your last session of Laser Tattoo Removal and a tattoo over the treatment area otherwise you're at risk of the new tattoo lightening.

Laser Tattoo Removal can be painful, with client's describing the feeling like an elastic band snapping at the skin or like hot oil spitting in a pan when cooking an egg.

We use the TITAN 3 Laser Machine here at the salon. This is the fastest, most powerful laser in its class and provides complete tattoo removal with very little to no scarring.

### Risks of Laser Tattoo Removal

- There is a risk of eye damage from lasers, which will be minimised by the wearing of protective goggles during laser use.
- Clinical end points will change throughout course of treatment.
- Frosting (a white film) will appear on the skin only after the first treatment.
- Risk of patchy residual pigment, persistence of tattoo pattern, change or permanent lightening of skin colour, change in skin texture or hair loss/thinning.
- Blistering and pinpoint bleeding may occur and is normal. You should elevate the treated area above the heart and minimise activity while the area is healing.
- Pain, discomfort, stinging, discolouration, redness,

bruising, swelling, blistering, and crusting are common, but infection is rare.

- Previous treatment by any other method may increase any or all of these risks.
- Scarring is a rare possibility.
- Irregular pigmentation and mild texture changes can occur as a result of laser treatment, but these changes usually return back to “normal” over a period of 6 months to 1 year after final treatment.
- After each treatment different amounts of fading will occur ranging from very little to significant amounts during the course of treatment.
- Despite our best efforts there remains the possibility that not all of the ink will be removed. Certain colours and certain types of ink may be more difficult to remove and many may appear darker before getting lighter.

### Benefits of Laser Tattoo Removal

- Laser Tattoo Removal is the safest method of Tattoo Removal.
- Laser Tattoo Removal is highly effective.
- Tattoos can be completely removed by Laser Tattoo Removal, although it may take a few sessions to achieve this.
- Scarring is very rare when Laser Tattoo Removal is performed.

- Laser Tattoo Removal is permanent and will not re-appear after any length of time.
- Laser Tattoo Removal can be performed on all skin types, although it can be less effective on darker skin (Skin Type 4 or higher) and there are increased risks.
- Laser Tattoo Removal can remove all ink colours, although some are easier to remove than others.
- Laser Tattoo Removal is a non-invasive way of removing tattoos without any surgery or anaesthesia, although a topical numbing cream can be applied before treatment sessions.
- Laser Tattoo Removal means less compromise on what is possible to cover your old tattoo with and more options of preferred tattoo styles over the old tattoo.

### What is a Carbon Facial?

A carbon facial is a non-invasive, safe procedure that improves the appearance of skin. It is not a traditional chemical peel, it is a superficial treatment that helps with acne, enlarged and blocked pores, oily skin and uneven skin tone.

Carbon facials are also known to also improve; signs of premature aging, dull complexion, tone and texture, fine lines and wrinkles, dark spots and mild acne scarring.

The laser doesn't penetrate the skin too deeply meaning there's very little recovery time and the treatment itself only takes around 30 minutes to perform.

For most it is a painless procedure but some describe it as slightly stinging.

One facial a month is recommended for the first 3 months and then we recommend a facial every 3-6 months to keep the longevity of the results up.

### How does it work?

After a standard double skin cleanse, a layer of liquid carbon is applied to the skin where it penetrates deep into the pores.

As the carbon dries, it attaches itself to dirt, oil and dead skin cells on the surface of the skin. Once dried, the carbon is ready to be lasered.

The carbon absorbs the light energy from the laser causing it to vaporise. The heat from the laser then activates the natural healing mechanisms in the skin which then promotes collagen and elastin regeneration. Making the skin appear brighter and younger almost instantly.

### Risks of Carbon Facials

- There is a risk of eye damage from lasers, which will be minimised by the wearing of protective goggles during laser use.
- Discomfort, redness, stinging and swelling are common for 12-24 hours after treatment but infection is rare.

### Benefits of Carbon Facials

- Exfoliates the skin and stimulates collagen growth
  - Reduces pore size, fine lines and wrinkles
  - Evens out skin tone
  - Skin appears more radiant, younger and feels softer.
- All of this is possible with zero downtime.

### Consultations

- Consultations are mandatory before any treatment is received.
- An appointment can be made for consultations in person via phone or email. Online consultations can be held via

email, Instagram and Facebook Messenger and WhatsApp.

- Consultations are free of charge and in person consultations are held in the privacy of our treatment room.
- You are under no obligation to proceed with any treatment offered at Laser Meg Limited if you are not comfortable.
- You are encouraged to ask any questions about the process of Laser Tattoo Removal/Carbon Facials and after treatment care before proceeding with any treatment.
- You are welcome to have a copy of the Patient Guide to take with you or sent to you if you're unsure on treatment, before you make any decisions.
- During the consultation a verbal medical history conversation will take place to ensure there are no contraindications known before receiving treatment and then this will be double checked when completing a consent form prior to the patch test.
- You will given advice on the suitability of treatment to ensure your expectations are managed well and realistically.
- The benefits and risks will be discussed during consultation as well as getting a full and thorough understanding of what you would like to achieve from possible treatments.
- If after the consultation is complete and you are suitable and ready to book in for a treatment, a patch test can be carried out, this is to test your skin's reaction to the laser to ensure you do not have an allergic response to the laser and to determine the most effective energy for treatment.



- If you are receiving a patch test you will need to read and complete a consent form.

### Making an appointment

You can make an appointment for a free consultation or Laser Tattoo Removal session/Carbon Facial via;

Telephone: 07840779923

Email: [lasermeglimited@gmail.com](mailto:lasermeglimited@gmail.com)

Instagram or Facebook: @laser\_meg

You will be replied to within 24 hours during opening hours. If you contact the business on a Sunday when it's closed there will be a delay in response until Monday morning.

### Pricing

The price per session will vary on the size of your tattoo. At the time of consultation, a per session price will be given.

It will roughly cost per session;

- £50 for a small sized tattoo.
- £70 for a medium sized tattoo.
- £100 for a large tattoo.
- £150 for a very large tattoo.

If your tattoo is larger than the recommended treatment size per session, you will need to break your appointments into as many as you need to cover your tattoo area.

Carbon Facials are priced at £100 per facial.

### Deposits and Cancellations Policy

A £20 non-refundable deposit to secure an appointment in the diary.

If you leave less than 48 hours to reschedule your appointment you will lose your deposit, if you re-arrange with more than 48 hours notice, your deposit will be moved to a new date.

If you cancel your appointment indefinitely or don't turn up to the appointment, you will lose the deposit.

### Numbing Cream Advice for Laser Tattoo Removal

We do not supply topical numbing cream to our clients but can advise you that you can purchase Emla Cream or Ametop Gel from your local pharmacy.

Apply the numbing cream to the treatment area 1/1.5 hours before treatment by stippling it onto the area – do not rub it in.

You will then need to wrap the treatment area in cling film as tightly as possible but not so that you're uncomfortable and your Laser Practitioner will remove the cream before your treatment commences.

### Out of Hours

We do not have an out of hours number if you develop any problems or adverse side effects to treatment, we advise you to seek medical help from your local A&E or Out of Hours GP Service.

### Complaints

Complaints can be made in writing, by email or by phone.

All complaints received will be sent an acknowledgement

within 5 days of receipt and resolved as soon as possible.

Where we decide redress is appropriate, we will provide you with fair compensation for any acts or omissions for which we are responsible.

Appropriate redress will not always involve financial redress.

Complaints procedure document is available on request to all clients.

Complaints can also be made directly to the Healthcare Inspectorate Wales at:

Healthcare Inspectorate Wales

Welsh Government

Rhydycar Business Park

Merthyr Tydfil

CF481UZ

Tel No: 03000628163

Fax No: 03000628387

Email: [hiw@gov.wales](mailto:hiw@gov.wales)

### Summary of Patients Views

**All clients are kindly asked to fill out a Patient Satisfaction Form after every treatment to provide our service with feedback.**

**This will be reviewed annually and added to once there is a year's worth of data.**

**Client comments will be added once there is a year's worth of data.**

Registration Authority

Registration Team  
Healthcare Inspectorate Wales  
Welsh Government  
Rhydycar Business Park  
Merthyr Tydfil  
CF481UZ  
Tel No: 03000628163  
Fax No: 03000628387  
Email: [hiw@gov.wales](mailto:hiw@gov.wales)